



30 DAY PLAY CHALLENGE

*Brought to you by Green Toys
& Hands On As We Grow*

Day 1: Get outside! Go on a scavenger hunt outside to explore textures!

Day 2: Play in a cardboard box! Save the next cardboard box that comes your way, big or small and play with it! Go dumpster diving or try shaking to make art!

Day 3: Make a bubble wrap runway for the kids to pop, pop, pop!

Day 4: Make a fort with cushions. Or head outside and see what sticks and rocks can be built into!

Day 5: Go outside and explore! Dig in the dirt with Green Toys!

Day 6: Reuse those play dough jars, or any small containers that you have (yogurt containers work well for this) and fill them up to make sound sensory jars.

Day 7: Get outside and just play catch!

Day 8: Dig through your recycling bin, save all the junk you find. Put it together and make a junk art robot! It's hilariously fun!

Day 9: Walk on pillows, don't fall off and into the lava! Oh no!

Day 10: Save those paper towel rolls (or roll up a cereal box and tape it to make a tube) and make a pom pom drop.

Day 11: Test out your green thumb and try growing a plant from a seed with Green Toys.

Day 12: Head outside and collect pieces of nature: rocks, sticks, leaves, flowers, anything you can find and see what designs you can create with it.

Day 13: Use a tub of soapy water to wash favorite toys.

Day 14: Take a walk around town with a garbage bag and clean up litter. Do it at the park. Or do it in the ditches of a low-traveled road.

Day 15: Play indoor basketball.

Day 16: Kick bath time up a notch with Green Toys! Add food coloring to the bath for added fun!

Day 17: Turn bottles into sand toys or water toys! It's super easy and the kids will think it's totally awesome.

Day 18: Cut up a side of a cereal box to make a simple homemade puzzle.

Day 19: Keep an egg carton, cut each section apart and punch holes in it. Thread a pipe cleaner through to connect and make a train.

Day 20: Keep those cardboard

boxes and hammer tees into it!

Day 21: Beat on pots and pans to make music! Classic idea, but it never gets old for kids, no matter how old!

Day 22: Have a relaxing day with a Green Toys tea party and cupcakes.

Day 23: Grab some paper plates and use them as skates!

Day 24: Draw 6 lines on the sidewalk with chalk (like a ladder). How far can they jump?

Day 25: Play a game of I Spy, or What's Missing?

Day 26: Have kids help in the kitchen, bake together or make dinner together.

Day 27: Make a nature suncatcher! Go outside and collect favorite pieces of nature (from blades of grass to leaves to flowers and sticks). Stick them on a piece of contact paper to hang in the window.

Day 28: Draw lines on the driveway with chalk and erase them away with water.

Day 29: Make a color collage with used magazines.

Day 30: Play your favorite board game together or teach your kids to play war.