

30 MATERIALS & ACTIVITIES

that promote

FINE MOTOR SKILLS

what to use:

POM POMS
BUTTONS
PAPER CLIPS
CLOTHESPINS
RUBBER BANDS
TWEEZERS
PIPE CLEANERS
STRAWS
PLAY DOUGH
NUTS & BOLTS
STICKERS
HOLE PUNCH
SYRINGES
EYE DROPPERS
KITCHEN TONGS
TOOTHPICKS

what to do:

SEWING
WEAVING
LACING
BEADING
BALANCING
SPOONING
PAINTING
TRACING
PINCHING
THREADING
MAKE THINGS SMALL
CUTTING
SORTING
POKING
BUTTONING